Phoenix Park Academy Making a Difference		Autumn 2024 Menu				
		Monday	Tuesday	Wednesday	Thursday	Friday
Week One WC 2 nd September 2024 & 23 rd September 2024	Main Meal	Pepperoni Pizza, served with Wedges	Chicken Tikka Masala with Rice	Roast Chicken in gravy with stuffing & Roasted Baby Potatoes	Tuna Pasta Bake with Garlic Bread	Fish Fingers with Cubed Potatoes
	Vegetarian Meal	Cheese & Tomato Pizza, served with Wedges	Vegetarian Curry with Rice	Quorn Fillet and Stuffing served with Roasted Baby Potatoes and Gravy	Tomato & Basil Pasta with Garlic Bread	Vegetable Fingers with Cubed Potatoes
	Vegetables	Peas & Sweetcorn	Broccoli & Carrots	Medley of Vegetables	Carrots & Sweetcorn	Garden Peas or Baked Beans
	Carb	Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Grated Cheese	Jacket Potato with Tuna Mayo	Jacket Potato with Baked Beans
	Dessert	Peaches & Ice Cream with Strawberry Sauce	Lemon Drizzle Cake	Fruit Salad	Rice Pudding	Chocolate Brownie
Week Two WC 9 th September 2024 & 3oth September 2024	Main Meal	Sausage Roll served with Herby Diced Potatoes	Chicken Burrito served with Wedges	Roast Beef In Gravy with Yorkshire pudding and Roast Potatoes	Macaroni Cheese & Ham with Garlic Bread	Battered Fish, Served with Oven Chips & a slice of Lemon
	Vegetarian Meal	Veggie Sausage Roll with Herby Diced Potatoes	Vegetarian Burrito served with Wedges	Quorn Fillet with Yorkshire pudding and Roast Potatoes	Macaroni Cheese with Garlic Bread	Quorn Nuggets with Oven Chips
	Vegetables	Broccoli & Carrots	Peas & Sweetcorn	Baton Carrots & Broccoli	Peas & Broccoli	Garden Peas or Baked Beans
	Carb	Jacket Potato with Grated Cheese	Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Grated Cheese	Jacket Potato with Baked Beans
	Dessert	Ice Cream Sponge Roll	Chocolate Muffin	Flapjack	Fruit Salad	Shortbread Biscuit
Week Three WC 16 th September 2024 & 7 th October 2024	Main Meal	Cheese & Bacon Turnover with Mashed potatoes	Beef Lasagne with Garlic Bread	Roast Turkey & Stuffing with Roasted Potatoes and Gravy	Bangers & Mash Pork Sausages with Mashed Potatoes	Fish Cake served with Waffle Fries
	Vegetarian Meal	Cheese & Onion Pasty with Mashed potatoes	Vegetarian Lasagne with Garlic Bread	Vegetarian Cottage Pie	Veggie Bangers & Mash Veggie Sausages with Mashed Potatoes	Quorn Fishless Fingers served with Waffle Fries
	Vegetables	Green Beans & Carrots	Broccoli & Cauliflower	Medley of Seasonal Vegetables	Carrots & Sweetcorn	Garden Peas or Baked Beans
	Carb	Jacket Potato with Grated Cheese	Jacket Potato with Tuna Mayo	Jacket Potato with Baked Beans	Jacket Potato with Grated Cheese	Jacket Potato with Tuna Mayo
	Dessert	Waffle and Ice Cream	Apple Pie & Custard	Oat & Raisin Cookie	Iced Vanilla Sponge	Fruit Salad
Available Daily: • Selection of sandwiches • Fresh bread • Cheese & crackers • Salad selection		Allergies:		If you would like to know about particular allergens in food, please ask a member of		

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• Whole fresh fruit • Yoghurts

the catering staff.